

Good ite

Good Bite, Better Life.

Enjoying meal

Show your eating habit



How many times did you chew your food for lunch today?



VS



If you chew your food thoroughly

Prevent overeating

Satiety signals come earlier by sufficient amylase

Prevent dementia

Increased blood flow to the brain through chewing exercises

Relieve fatigue

Peroxidase in saliva removes oxygen radicals

Even teeth, balanced face

Influence on lower jaw development in infancy

If you eat quickly and do not chew much

Indigestion occurs

Increased burden on the stomach

Causes bad breath

Increased anaerobic bacteria in the mouth

Burn less calories

10% of daily calorie consumption comes from chewing and digesting

Sharp teeth, risk of facial asymmetry

Negative effects of not chewing when permanent teeth emerge

Easy to use device + Simple App Improve your eating habit



Bite count

How many counts you did during eating
More bites improve your digestive health
Kids need to learn the appropriate number of chews per bite
Elderly people use it to prevent cognitive impairment by managing the chewing

Bite per minute

How fast you are chewing when eating
Slow bite rate can reduce calorie intake
Eating slowly helps with digestion and relieves stress

Meal eating time

Record meal start and end times
90% of modern people eat within 15 minutes
Improving health habits through proper meal time management

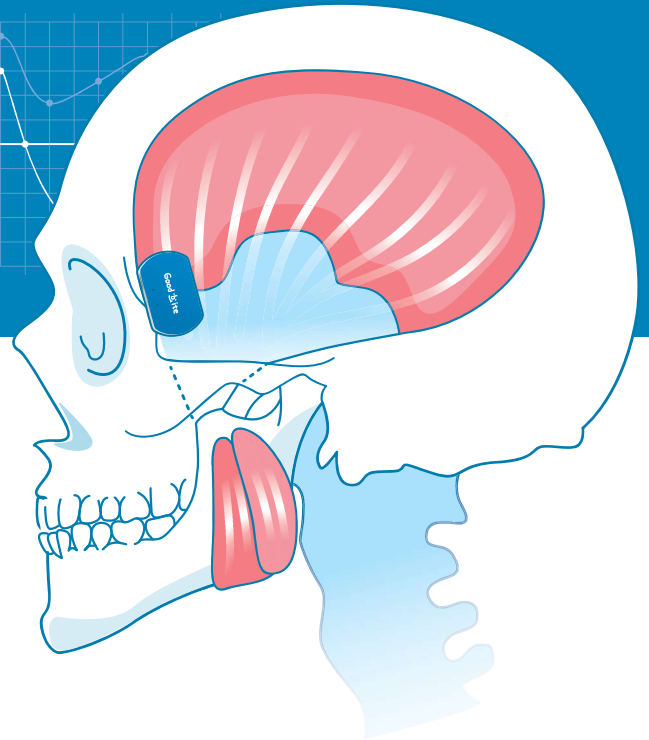
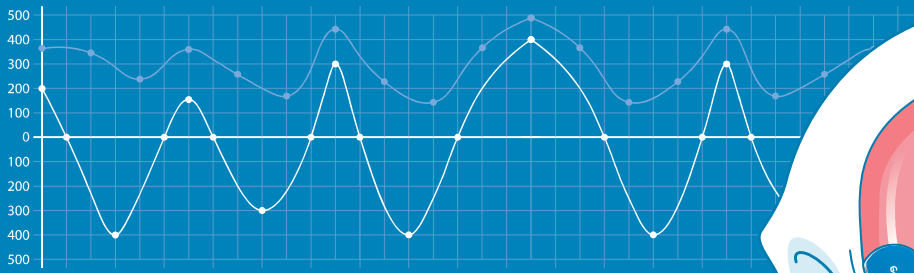
Warning strong bite

Chewing too hard causes square jaw and has a negative impact on the health of the temporomandibular joint.
Alarm for strong chewing is possible by measuring electromyogram values

My eating history

Show weekly eating habit data by easy-to-read graphs
Check the improvement in my eating habits

Chewing management solution using facial electromyography technology

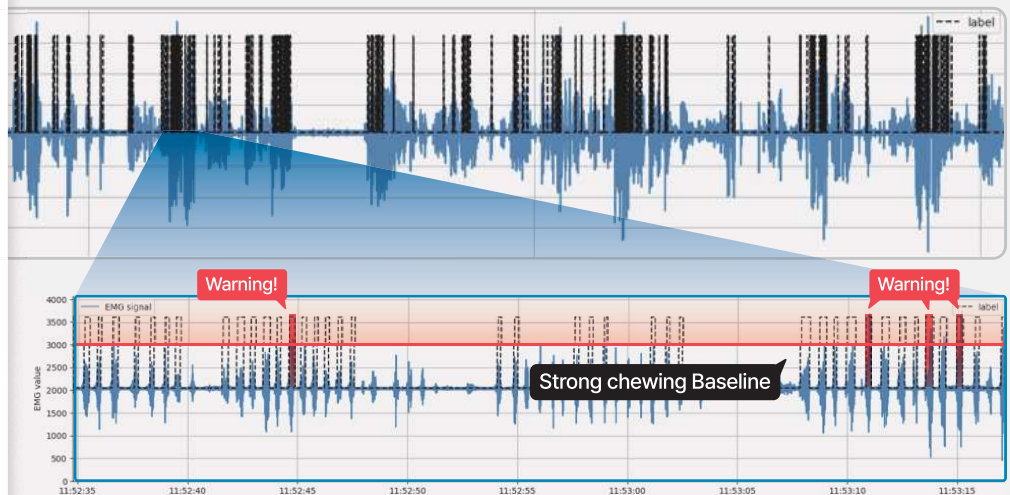
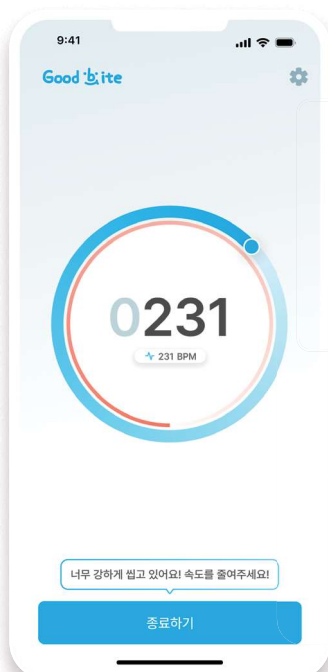


Medical electromyography technology

- ✓ Measurement : Collect ENG signals and count the number of mastications
- ✓ Measures temporalis muscle movement data for mastication and filters noise data (ex. speech and etc.)
- ✓ Direct collection of data from masseter and temporalis muscles
- ✓ Check the pattern of change in the number of mastications

Warning function against strong chewing

- ✓ Optimal threshold adjustment (individual baseline)
- ✓ If you chew hard enough to exceed the upper limit, a warning is provided to encourage you not to chew too hard
- ✓ Check the improvement trend by managing the history of the number of times you chew food, the speed(BPM, bite per minute), and the number of times you chew strongly





"How many times do I chew before I swallow my food?"

Properly chewing and swallowing food is just as crucial to your health as choosing the right ingredients for your meals.
Chewing slowly and thoroughly promotes

① better digestive health ② lower calorie intake, and ③ improvements in cognitive function.

Our innovative solution is designed to help people develop healthier eating habits by encouraging mindful chewing. Leveraging facial electromyography technology and dependable wearable design, our product helps individuals track and improve their chewing habits, fostering a healthier lifestyle one bite at a time.



Product components

Wearable device

- Recharging : USB C-type
- Size: 48 × 29 × 9 (mm)
- Weight : 12g

Pouch

- Size : 10 × 10 × 5 (mm)
- Material : Fabric

Skin-plate

- Q'ty : 10
- Material : Hydrogel
- Tested :
 - ISO10993-5 Cytotoxicity
 - ISO10993-10 Sensitization
 - ISO10993-23 Animal Irritation
- Made in Korea



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